

HOW TO

# Handle Downhill Lies

It's an awkward stance, but you'll kill it with these keys

## THIS STORY IS FOR YOU IF...

- You feel off balance when your back foot is higher than your front foot
- Even when you make OK contact on these shots, the ball doesn't go very far

## The Situation

YOUR BALL is 150 yards from the green on a downhill lie (back foot higher than front).

## The Solution

Tilt your upper body with the slope and plant your weight on your downhill foot. Take a few practice swings: Where your club hits the ground is where the ball should be played. In fact, a perpendicular line from the ball should line up with the forward side of your face.

### Tilt With the Slope

Lean your upper body to the left. If you don't tilt, your swing will bottom out before the ball and you'll catch it thin or fat.

### Take More Loft

The slope delofts whatever club you swing—even a slight slope will turn a 7-iron into 5-iron. As a general rule, take one less club for every 4 to 5 degrees of slope.

### Stabilize Your Stance

Make your stance wider than your shoulders and flare both feet. Set your weight over your front foot and keep it there—don't shift it back like normal.

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